The Funen Alps

Seventeen thousand years ago, a glacier moved up through the belts from the Baltic Sea creating the submerged Ice Age land-scape that characterises the South Funen Archipelago today, where only the highest hills rise above the water. The glacier's edge left behind a hilly landscape with deep valleys known as the Funen Alps that stretch eastward from the area north of Faaborg. As the sandy soil here is poor farmland, the area is characterised by woods, moorland, bogs, lakes and streams. It is populated with a wide variety of plants and animals, such as the climbing corydalis or the rare common dormouse. The dormouse is Denmark's only representative of the common European dormouse family. The dormouse is nocturnal and lives in trees in thickets and woodland fringes. In Denmark, the dormouse hibernates from October to May.

Faaborg

This provincial town is situated on the banks of the South Funen Archipelago. Ferry service departs from the harbour to no less than four islands: Ærø, Lyø, Avernakø and Bjørnø. The town's bypass, intersected by the trail, runs between the town and a wildlife area known as »Sundet», a former bay. Sundet was drained



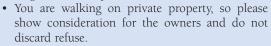
The belfry in Faaborg

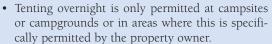
from 1940 to 1946. but was re-flooded in 2000 and is now a large freshwater lake teeming with bird life. The town gate in Vestergade is the only remnant of Faaborg's medieval fortification. The distinctive, 31metre belfry dates from 1450. Faaborg is situated in a corner of Denmark teeming with culture and history and has many charming old houses and merchant dwellings along winding streets. The town's population is around 7.500.

Hiking and stopping along the trail

The Archipelago Trail is made for hikers and ramblers and is way-marked by posts along the entire trail. On your hike, we kindly ask you to be considerate and observe the following:

- The entire trail is open from 6.00 a.m. until sunset.
- Dogs must be kept on a leash.





 Sections of the trail may be closed during the hunting season, but you will be informed of an alternate route on site.

Transport

FynBus serves South Funen with several public bus lines to and from the area. Further details and timetables are available from Fynbus by visiting www.fynbus.dk or by phoning tel. +45 6311 2233.

Accommodation

Information about accommodation venues near the trail is available at www.visitfaaborg-midtfyn.dk or by contacting Faaborg Tourist Office, tel. +45 6261 0707.

Further information?

For further information about Faaborg and the surroundings, please contact Faaborg Museum at tel. +45 6261 0645 or visit www.faaborgmuseum.dk. Further particulars on the archipelago trail can also be found at www.detsydfynskeoehav.dk.

Colophon

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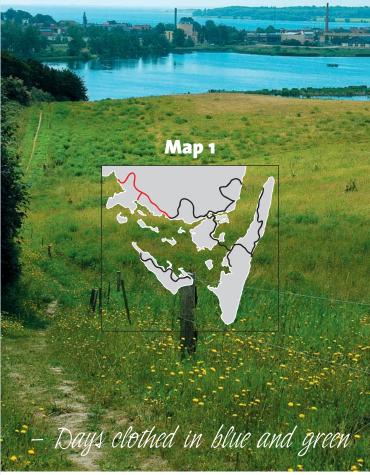








Faldsled - Faaborg - Fjællebroen 39 km







Trebjerg

The Archipelago Trail from Faldsled to Fjællebroen with a side trip to Faaborg – approx. 39 km

Along this section of the trail, you will experience Funen's lush agricultural landscape and the mighty hills and valleys, known as the Funen Alps, left by the retreating glacier. A side trip leads to Faaborg, while the main trail takes you through the hilly terrain down to the coast with spectacular views across the South Funen Archipelago along the way. The section of trail described in this pamphlet starts in Faldsled and includes some of the memorable sights in the area.

Hiking adventures

When it is completed in 2007, the Archipelago Trail will be one of the longest hiking trails in Denmark (roughly 200 kilometres) and will encircle the South Funen Archipelago.



The Archipelago Trail – route overview with the 7 maps being published

Faldsled: a village of peasants and seafarers

This lovely village of national historic interest arose as a settlement on cleared land in an otherwise forested coastal area. Only a few farmsteads moved out of the village later on and the nine in Faldsled are larger and more distinguished than those found in most Danish villages. This is especially because the residents also participated in the shipping trade. The well-kept inn of nationwide renown is worth a closer look.



Falsled Kro

2 Idyllic setting, scene of a murder and manor-house accommodation

Almost five centuries have passed since knight Anders Emmiksen built Steensgaard, serenely adorning the hilly landscape. This three-winged estate is surrounded by a moat on three sides and now offers manor-house accommodation in an idyllic, tranquil setting. Back then, however, Emmiksen insulted Christian III with »improper remarks« and was sentenced to house arrest at Steensgaard. Emmiksen's son, Otto, inherited the estate in 1568. Otto's cook split open his 26-year-old masters' head with an axe. »On August 8 of 1594, I buried Otto Emmiksen of Steensgaard, foully murdered and killed by an axe to his head,« the bishop wrote. Emmiksen's third wife was responsible for the murder. As for the cook...well, he was executed, quartered and put on the wheel!



Steensgaard

Railway: steam and royalty

Five hundred metres into the woods, the trail crosses the former railway line. The railway connected Odense with Nørre Broby, Håstrup, Stensgård and Faaborg and was opened in 1905 when King Frederik VIII and Queen Louise cut the ribbon. Four steam locomotives, freight wagons and passenger cars made the last trip on the line in 1954.

4 Horses and oxen along a sunken road

Where the trail takes a left turn from Håstrupvej is an old sunken road, gradually shaped by the narrow hard wheels of peasants' carts, so the road is now one metre lower than the surrounding countryside. Old hawthorn provided shelter for peasants, oxen and horses along the way.

5 Third-highest hill on Funen

Trebjerg, 128 metres above sea level, affords a lovely view of the landscape – not least of the islands in Helnæs Bay. Dronningudsigten (Queen's Vantage Point) lies 600 metres to the north where Queen Margrethe II stopped for a break a few years ago. A Norwegian who climbed this hill wrote afterwards, »Who needs Prozac when you have Trebjerg? Peaks like this should be available on prescription!« After Trebjerg, the trail follows an old church path taken by Østrupgård's residents for going to service at Håstrup church.



Svanninge Hills

6 Funen's oldest inhabited building

The barn for Østrupgård Manor is a large timber-framed building with an enormous thatched roof. The outbuildings are some of the largest thatched timber-framed farm buildings in Scandinavia, and the two-storey, stone-built, whitewashed, fieldstone building was built back in the 14th century as a place of refuge, surrounded by moats for protection. This is the oldest dwelling in Funen and one of the few preserved stronghold buildings in Denmark.

Svanninge Hills

Svanninge Hills are situated north-east of Svanninge village. Until around 1900, this distinctive landscape was characterised by heather-covered hills and a little farming in the valleys. The hills were planted with trees from 1900–1920 to prevent drifting sands. From 2004, extensive tree-clearing has occurred in this area to reestablish some of the moor landscape previously found in the area and depicted in the paintings of Funen artists c. 1900. Further details about the wildlife and geology of Svanninge Hills are available on the information boards by the parking area in front of Skovly Restaurant, where you will also find an informative pamphlet about the area, published by the National Forest and Nature Agency.



Holstenshuus

8 Lerbjerg, Svanninge Bjerge

Lerbjerg, 126 metres, is the highest point in Funen. The top of Lerbjerg affords a magnificent view of the area. Svanninge Bjerge and Svanninge Hills comprise one of the most distinctive types of landscape in Denmark and have jointly been designated an Area of National Geologic Interest due to their spectacular formation and relationship with the surrounding Ice Age landscape (read the section on the Funen Alps).

9 Side trip to sound and town

At the point where a side trail leads to Faaborg is a heather bog. This type of biotope is rare in Funen and can be observed from the boardwalk leading through the area. The trail passes »Sundet« (the Sound) just before reaching Faaborg (read the »Faaborg« section for further details). Many birds rest and breed here in the lake. Funen County's pamphlet found at the entrance to the area describes Sundet in more detail.

Old boundaries

Many stone walls are found in this area, demarcating both parish and settlement boundaries. Some of the settlement boundaries represent the oldest division of the countryside and date back to the Iron Age, more then 2,500 years ago. When the nomadic way of life came to an end, the various settlements needed to mark off their area of habitation and resources. In addition to their interesting history, the stone walls also serve as a vital sanctuary for flora and fauna. Drought-tolerant plants are often found here and many amphibians spend the winter in the walls.

Morden: rebuilt farmsteads

The small collection of buildings known as Norden (the North) is named for its northernmost location in Diernæs parish. Like everywhere else, the farmsteads in the village were relocated over a hundred years ago when each peasant rebuilt his farmstead and marked off his property's boundaries with hedgerows.

12 Diernæs: large village on a broad promontory

Which is the meaning of the name »Diernæs«. When the sea level was higher, this formed a promontory into the sea here. A large fieldstone house with an imposing thatched roof is located in the village proper. It served as a retirement home for poor villagers and was built by the baron at the Holstenshuus Estate. Farms and houses in Diernæs belonged to the estate and the inhabitants laboured for the baron. He acknowledged this by helping elderly and poor parishioners.

13 Holstenshuus and an old deer park

Holstenshuus, one of Denmark's most recent manor house buildings, is located at the foot of the Funen Alps. Holstenshuus was built after a fire in 1908. Several peaks are located in and around the deer park lined with a stone wall. One was named after King Frederik VII who climbed it in 1861, after which it was renamed





Nakkebølle Lake

»Kongenshøj« (King's Hill) the same day. A large fieldstone tower with an exterior spiral staircase adorns the top of the hill.

4 Astrup: finding one's home by the luck of the draw

Åstrup is intersected by the noisy, heavily trafficked highway between Svendborg and Faaborg. In 1822, the village farmsteads were relocated to the surrounding countryside. The many scattered plots of land were reorganised into large sections and were allocated to the peasants by the drawing of lots, drawn by a »minor, not more than 6 years old, who is also blindfolded. « Most farmsteads in Åstrup were relocated south of the village.

15 Nakkebølle Lake and Sanatorium

The fields south of Nakkebølle Estate were originally part of the fjord. More than 0.5 km² was drained in 1866–1870 and turned into farmland. In 2003, however, one of the largest lakes in Funen was established here. The lake prevents agriculture's excess fertiliser from flowing into the sea, thus improving the water quality in the Archipelago. Many birds inhabit the new lake. One of the many sanatoriums built near the coast in Denmark in the early 1900s is located near Nakkebølle Fjord. Back then sunshine, warmth and rest in fresh air were thought to be a cure for the infectious disease tuberculosis

6 Fjællebroen: a disembarkation site

Fjællebroen was established as disembarkation site in 1764 by the owner of Rødkilde Estate. The estates in the area wanted their trading activities to circumvent the monopolies held by market towns, and sea-based transport was easier than transport over land. A village of mariners and fishermen grew up around the disembarkation jetty from the mid-1800s. Timber from nearby woodland was exported from here, and the site has a small custom house, engine factory, boatbuilding works, inn and bakery. Today the harbour is a large marina and the inn's original interiors make it worth a visit.

